



20 Litre Stainless Steel Combination Microwave

Instruction Manual



Model Number: STCOMBI01

Please read these instructions carefully and
keep them for future reference

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About this microwave oven

Microwaves are high-frequency electromagnetic waves similar to radio waves. While radio waves may vary in length from one metre to many kilometres, microwaves are very short (less than 12.5 centimetres). Microwaves do not make any heat themselves but only cause water molecules in food to vibrate. This vibration produces the heat that cooks the food. This is why your food will come out of the microwave piping hot, when your utensils inside the oven stay much cooler. The microwaves do not stay in the air or in the food when you open the microwave oven door.

The microwave oven will work using an ordinary household electrical socket. Inside the microwave oven is the magnetron, which turns the electrical energy into microwaves. Microwaves cannot go through metal, so the inside of the oven is lined with metal. The door is lined with a fine metal mesh which stops microwaves getting through. This means that when the microwave oven door is shut, there is no possibility that microwaves can be released. This is why the microwave oven has been made so that it will not work when the door is open.

Before you use your microwave oven

- 1 Remove all the packaging. **Do not remove** the small piece of card from the right hand side of the cavity wall. This is called a wave-guide cover and allows the microwaves to pass through to cook the food.
- 2 Check the oven after unpacking for any visual damage such as:
 - A misaligned door
 - Damage to the door
 - Dents or holes in the door window and screen
 - Dents in the inside

If you can see any damage do not use the oven

Safety instructions

Warning: this oven must be positioned so that the plug is accessible and the plug socket is within easy reach of the power cord.

Warning: when the appliance is operated in the combination, convection or grill mode, children should only use the oven under adult supervision due to the temperatures generated.

- Children should be supervised to ensure they do not play with the appliance, and the appliance and cable should be kept completely out of reach of young children.
- This appliance is not designed for use by children, or persons with reduced physical, sensory or mental capabilities, and should not be used by such persons unless they can do so safely. Where necessary, such persons (or anyone with lack of experience or knowledge) should first be given supervision or instruction concerning use of the appliance by a person responsible for their safety.

Warning: it is hazardous for anyone other than a competent person to carry out any service or repair operation which involves the removal of a cover which gives protection against exposure to microwave energy.

Warning: if the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person. The door seals are located around the window on the inside of the door. These seals are not airtight, although no microwaves can be released; it is normal for small amounts of air or steam to escape when the oven is in use.

Warning: liquids and other foods must not be heated in sealed containers, as they are liable to explode.

- Do not operate the oven if damaged or after it malfunctions. In the event the supply cord is damaged, it must only be replaced by a qualified service engineer, with a suitably approved part.
- Keep the oven, cable and plug dry, never immerse in water.
- When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition
- Only use the oven for preparing food. For example do not use for drying clothes, paper or any other non-food items, or for sterilising purposes.
- To avoid damaging the oven, do not use the oven when the cavity is empty. The oven may be empty (used as a timer) in microwave mode with the power set to zero (see page 8) or in the convection preheat mode (see page 10).
- Do not store anything in the oven, such as papers, cookbooks and so on.
- Do not cook any food surrounded by a membrane, such as egg yolks, potatoes, chicken livers, ready meals and so on without piercing them several times with a fork.
- Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.
- Never cover the air vents or put any objects into the openings on the outer case.
- Never remove parts from the oven such as the feet, screws and so on.
- Only use utensils recommended in these instructions – see page 14.
- Do not try to deep-fry foods in this oven.
- Heat from the contents of a container may be transmitted to the container itself, so please be careful when removing it from the oven. Please remember that the food or liquid inside will be releasing some steam or will be spitting. Never cover any container fully, always leave a gap for steam to escape.
- Cooking utensils may become hot because of heat transferred from the heated food. This is especially true if plastic wrap has been covering the top and handles of the utensil. You may need oven gloves to handle the utensil.
- In order to avoid burns, the contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption.

- Always test the temperature of cooked food, never eat or drink food or liquid straight from the oven, allow it to stand for a few minutes and stir to distribute the heat evenly.
- Microwave heating of beverages can result delayed eruptive boiling, therefore care must be taken when handling the container.
- Microwave heating food containing a mixture of fat and water (for example, stock) should stand for 30 to 60 seconds in the oven after it has been turned off. This is to allow the mixture to settle and to prevent it from bubbling when a spoon is placed in it, or a stock cube is added.
- When heating or cooking food or liquid, remember that there are certain foods (such as Christmas puddings, jam and mincemeat), which heat up very quickly.
- When heating or cooking foods that contain a lot of fat or sugar, do not use plastic containers.
- Always have the glass tray and turntable support in place when using the oven.
- Do not cook food directly on the glass tray. Put food on a suitable plate or in a bowl before putting it in the oven.

To reduce the risk of fire in the oven cavity:

- Do not overcook food.
- Do not leave the microwave oven unattended while you are using it.
- Remove wire twist-ties from bags before putting the bag in the oven.
- If materials inside the oven catch fire, keep the oven door closed, turn the oven off at the wall switch, or shut the power off at the fuse or circuit-breaker panel.

FOOD SAFETY

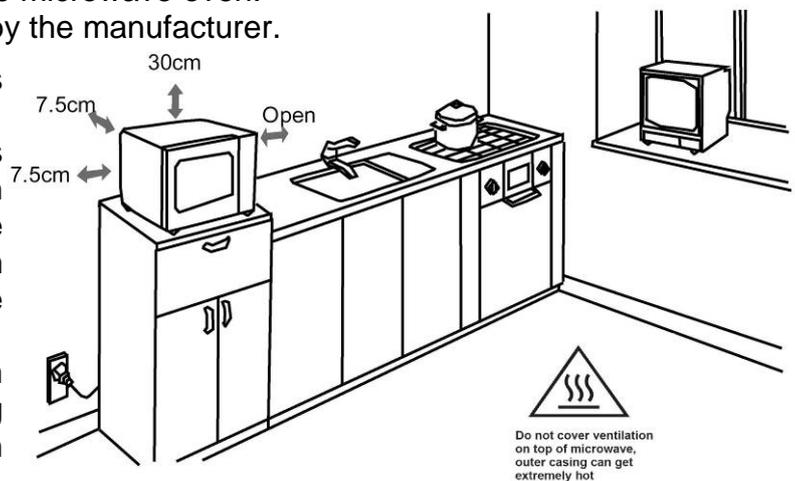
- Do not cook raw meat or raw shellfish in a microwave, due to the possibility for uneven heating.
- Do not use the microwave oven for home canning or bottling. Improperly canned or bottle foods may spoil and be dangerous to eat.
- Follow cooking instructions on food packaging and always check the temperature of food before serving.

Microwave oven installation

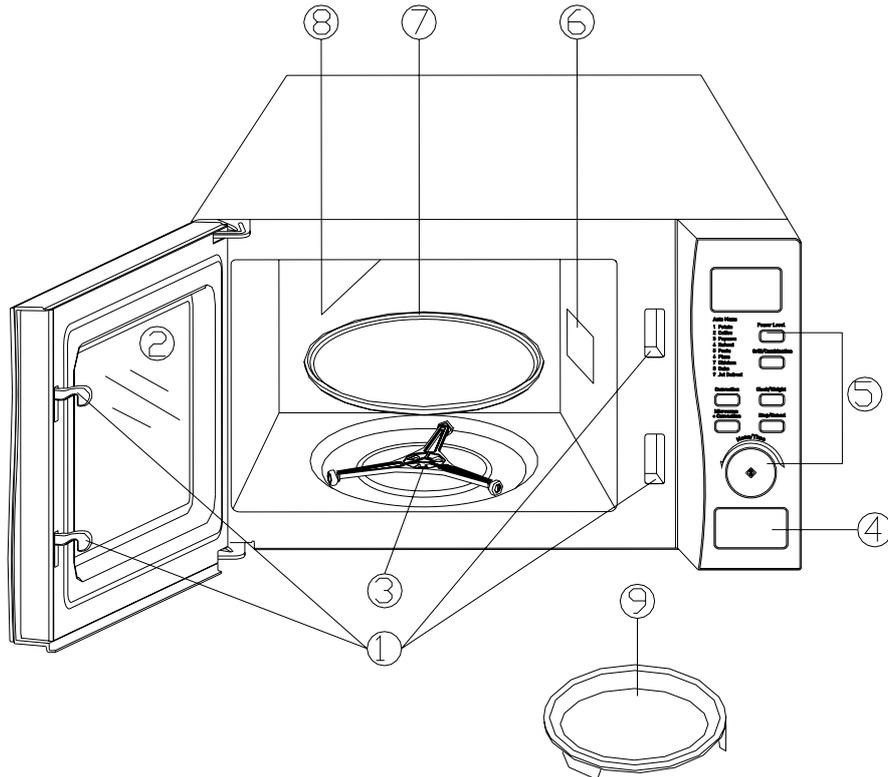
Warning: do not install the oven over a cooker or other heat producing appliance. This will damage the oven. The oven must be placed away from high temperatures and steam.

- This microwave oven weighs approximately 14.4kg so you must put it on a horizontal surface that is strong enough to support this weight.
- This microwave is designed to be free standing and is not intended to be used 'built in' or in a cabinet.
- Do not put anything on the top of the microwave oven.
- Only use the accessories supplied by the manufacturer.

1. Select a level surface that provides enough space for the outlet vents.
2. A minimum clearance of 3 inches (7.5cm) is required between the oven and any adjacent walls. One side must be open. Leave a minimum clearance of 12 inches (30cm) above the oven.
3. Place the oven as far away from radios and TV's as possible. Using the oven may cause interference with the reception.
4. Plug the oven into a suitable 13amp mains socket, make sure the voltage is the same as on the rating label (do not use extension cables or mains socket adaptors).



Feature diagram



- 1 Door safety lock system
- 2 Oven window
- 3 Turntable support
- 4 Door release button
- 5 Control panel
- 6 Wave guide cover (do not remove)
- 7 Glass tray
- 8 Grill
- 9 Baking tray

Connection to the mains supply

WARNING - THIS APPLIANCE MUST BE EARTHED

This appliance is designed to operate from a mains supply of AC230 - 240V ~ 50Hz. Check that the voltage marked on the product corresponds with your supply voltage.

This product is fitted with a 13A plug complying with BS1363.

If this plug is unsuitable or needs to be replaced, please note the following:

Important: The wires in the mains lead are coloured in accordance with the following code:

GREEN/YELLOW-EARTH

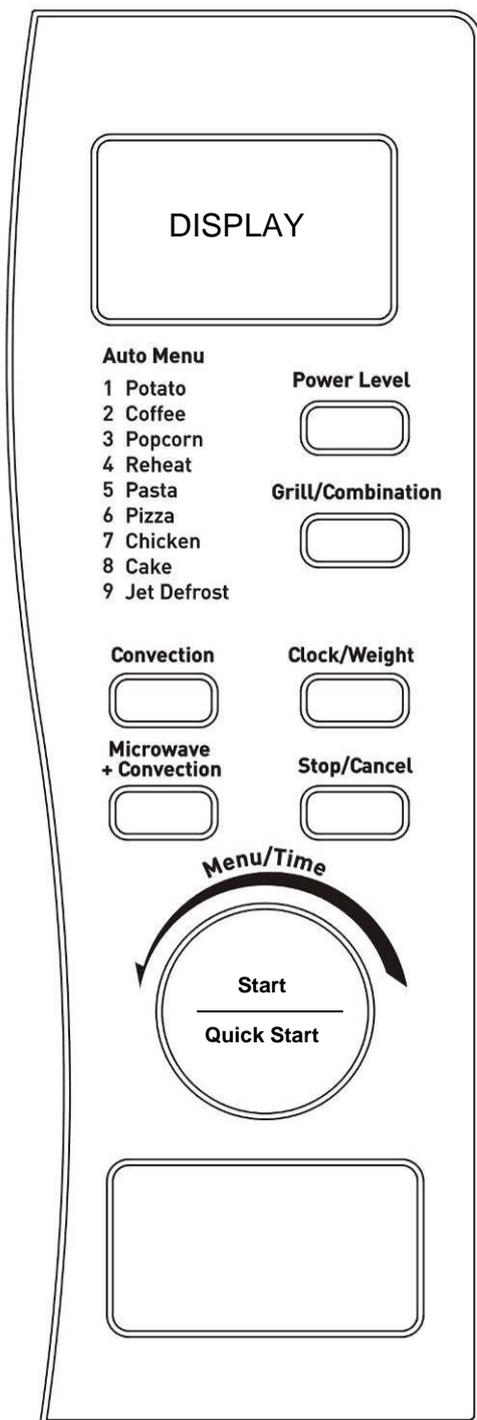
BLUE-NEUTRAL

BROWN-LIVE



DANGER
Electric
Shock Risk

Control panel



Display

Cooking time, power, action indicator and clock time are displayed.

Power Level

Press this button a number of times to set a microwave cooking power level.

Grill/Combination

Press this button to set a grill or combination cooking program

Convection

Press this button to cook using the convection oven function.

Clock/Weight

Press this button to set the clock.
Press this button to select the weight.

Microwave + Convection

Press this button to cook using a combination of microwave and convection oven.

Stop/Cancel

Press this button to cancel a setting or reset the oven before setting a cooking program.
Press this button once to pause a cooking program and twice to cancel a cooking program.
Press and hold this button to set the child lock.

Menu/ Time dial / Start/Quick button

- Turn the dial to set the oven clock time or input cooking time.
- Turn the dial anticlockwise for auto menus and defrost program.
- Press to start a cooking program. The cooking indicator light and the oven light will turn on and the cooling fan will operate.
- Simply touch repeatedly to set cooking time and the oven will cook immediately at full power level.

Operating instructions

Connect the main plug into a suitable 13amp mains socket, make sure the voltage is the same as on the rating label (do not use extension cables or mains adaptors).

The microwave oven will bleep once and the display will show the clock symbol and '1:00'

During any cooking program,

- To pause cooking press the STOP/CANCEL button.
- To stop cooking press STOP/CANCEL button again.
- Cooking or defrosting can be interrupted at any time to stir or check the food progress by opening the door. Press START/QUICK START button to continue program after closing the door.
- After cooking time has elapsed 'End' will be displayed and 4 beeps will be heard every 2 minutes until the oven door is opened or the STOP/CANCEL button is pressed.
- When cooking for intervals above 2 minutes, the oven fan will continue to work for about 3 minutes after cooking to cool and prolong the life of the oven.

SETTING THE CLOCK

With the oven ready for input, press the CLOCK/WEIGHT button to set the digital clock in 12 or 24 hours format. Press the button to toggle between the formats, Hr 12 and Hr 24 are shown respectively in the display.

For example: If you want to set the oven clock time to 8:30.

1. Select the clock format (12 or 24-hour) by pressing the CLOCK/WEIGHT button.
2. Turn MENU/TIME dial to indicate the hour digit 8.
3. Press CLOCK/WEIGHT button to confirm.
4. Turn MENU/TIME dial to indicate the minute digits until the screen shows 8:30.
5. Press CLOCK/WEIGHT button once to confirm the setting.

NOTE: To check clock time during cooking, press the CLOCK/WEIGHT button once.

KITCHEN TIMER

The clock can be used to set a countdown timer.

1. Press the POWER LEVEL button until the display shows P-00.
2. Turn the MENU/TIME dial to the length of time required.
3. Press the START/QUICK START button. The timer will now start to count down (the oven will not operate during this time).
4. When the time is complete the oven will bleep 4 times.

MICROWAVE COOKING

To cook with microwave power alone, press the POWER LEVEL button a number of times to select a cooking power level, and then turn the MENU/TIME dial clockwise to set the desired cooking time. Press the START/QUICK START button to start cooking. The longest cooking time is 95 minutes and you can microwave food using 10 power settings:

Press power level button	Cooking power	Display
Once	100% (High)	P100
Twice	90%	P-90
3 times	80%	P-80
4 times	70% (Medium High)	P-70
5 times	60%	P-60
6 times	50% (Medium)	P-50
7 times	40%	P-40
8 times	30% (Medium Low)	P-30
9 times	20%	P-20
10 times	10% (Low)	P-10
11 times	0% (Use as kitchen timer)	P-00

For example, if you want to microwave food for 10 minutes at 60% microwave power:

1. Place the food in a container suitable for use with microwave ovens, put it into the microwave oven and close the door.
2. Press POWER LEVEL button a number of times to set microwave power 60%.
3. Turn the MENU/TIME dial clockwise to enter cooking time until the correct cooking time (10:00) is displayed.
4. Press the START/QUICK START button.

QUICK START COOKING

This program allows you to cook food at 100% power between 30 seconds and 10 minutes by pressing the START/QUICK START button a number of times. Each press of the button increases the time by 30 seconds, for example if you want to cook food for 2 minutes.

1. Place the food in a container suitable for use with microwave ovens, put it into the microwave oven and close the door.
2. To set the time (2 minutes), press the START/QUICK START button 4 times. The microwave oven will automatically start to cook your food.

GRILL

Grill cooking is particularly useful for thin slices of meat, steaks, chops, kebabs, sausages and pieces of chicken. It is also suitable for hot sandwiches and au gratin dishes. The longest cooking time is 95 minutes.

For example, if you want to grill food for 12 minutes.

1. Place the food in a container suitable for use with grills (see page 14), put it into the microwave oven and close the door.
2. Press GRILL/COMBINATION button once, 'Grill' will be displayed.
3. Turn the MENU/TIME dial to enter cooking time until the correct cooking time (12:00) is displayed.
4. Press START/QUICK START button.

NOTE: It is advised to turn the foods halfway through grilling to distribute heat evenly.

COMBINATION COOKING

The oven has the ability to combine the microwave and the grill. There are 2 combination settings 'Co-1' and 'Co-2'.

- Combination 1 has 30% microwave cooking time and 70% grilling time and is useful for foods such as potatoes, fish and thicker cuts of meat.
- Combination 2 has 55% microwave cooking time and 45% grilling time. This is useful for foods such as puddings, omelettes, baked potatoes and poultry.
- Use containers that are suitable for use with grills and microwave ovens (see page 14).
- It is advised to turn the foods halfway through cooking to distribute heat evenly.

COMBINATION 1

For example, if you want to cook food on combination 1 for 25 minutes.

1. Put food into the oven, and close the door
2. Press GRILL/COMBINATION button twice, 'Co-1' will be displayed.
3. Turn MENU/TIME dial to enter 25:00.
4. Press START/QUICK START button.

COMBINATION 2

For example, if you want to cook food on combination 2 for 12 minutes.

1. Put food into the oven, and close the door.
2. Press GRILL/COMBINATION button three times, 'Co-2' will be displayed
3. Turn MENU/TIME dial to enter 12:00.
4. Press START/QUICK START button.

CONVECTION

The longest cooking time is 9 hours and 30 minutes (9H:30). During convection cooking, hot air is circulated throughout the oven cavity to brown and crisp foods quickly and evenly. This oven can be programmed for 10 different cooking temperatures (110°C to 200°C). Each press of the convection button decreases the cooking temperature by 10°C.

Press convection button x	1	2	3	4	5	6	7	8	9	10
Cooking temp (°C)	200	190	180	170	160	150	140	130	120	110

For example, if you want to cook at 180°C for 20 minutes:

1. Place the food onto the baking tray supplied or in a container suitable for use with convection ovens (see page 14) and then onto the glass tray.
2. Press the CONVECTION button three times; 180°C will be displayed.
3. Turn the MENU/TIME dial to set the cooking time (H:20).
4. Press the START/QUICK START button. The oven will now cook the food and the time will count down.

To preheat and cook with convection

Your oven can be programmed to preheat and then cook using the convection oven.

For example, if you want to preheat to 170°C and then to cook for 35 minutes (H:35).

1. Press the CONVECTION button four times to choose 170°C.
2. Press the START/QUICK START button. The display will start to count down from '30:00' and the oven will start to preheat. 'PREH' will flash in the display until the oven reaches the programmed temperature.
3. When the correct temperature has been reached the oven will beep intermittently, open the door, put the food on the baking tray supplied or in a suitable container on the glass turntable and close the door.
4. Turn the MENU/TIME dial to set the cooking time to 35 minutes, H:35 will be shown in the display.
5. Press the START/QUICK START button.

MICROWAVE AND CONVECTION COOKING

This oven has 4 pre-programmed settings that make it easy to cook with both convection heat (110°C, 140°C, 170°C, 200°C) and microwave combined. For example if you want to cook at 170°C for 24 minutes:

1. Place the food in a container suitable for use with microwave and convection ovens (see page 14) and put it into the oven.
2. Press the MICROWAVE+CONVECTION button twice to select convection temperature; 170°C will be displayed.
3. Turn the MENU/TIME dial to set the time (24 minutes).
4. Press the START/QUICK START button. The oven will now cook using the microwave and convection ovens and the display will count down.

JET DEFROST (Using the Menu/Time dial)

Jet defrost allows you to defrost foods up to 95 minutes. For example, to defrost food for 10 minutes.

1. Place the food in a container suitable for use with microwave ovens (see page 14), put it into the microwave oven and close the door.
2. Turn the MENU/TIME dial anti-clockwise until the display shows 'A-9'.
3. Turn the MENU/TIME dial button. The display will show '0:00'.
4. Turn the MENU/TIME dial until display shows '10:00'.
5. Press the START/QUICK START button. The display will now start to count down and defrost the food.

NOTE: during auto defrost program, the oven will pause and sound bleeps. Turn the food over and press the START / QUICK START button to resume defrosting. To defrost fatty meat, defrost intermittently until defrosted. Ice should be removed at all times.

MULTI STAGE COOKING

Your oven can be programmed for up to 3 separate cooking sequences. For example if you want to defrost (10 minutes), then microwave on full power (5 minutes) and then grill (10 minutes).

1. Place the food in a container suitable for use with the cooking types involved (see page 14) and put it into the oven.
2. Press the POWER LEVEL button and select microwave power (40%).
3. Press the CLOCK/WEIGHT to set the defrost time (10 mins.).
4. Press the POWER LEVEL button again and select microwave power (100%).
5. Turn the MENU/TIME dial to set the cooking time (5 mins.).
6. Press the GRILL/COMBINATION button once.
7. Turn MENU/TIME dial to set cooking time (10mins.).
8. Press START/QUICK START button. A bleep will be heard as the oven moves to the next stage.

Note: Quick Start, Auto menu cook and preheat function cannot be set in multi-stage cooking. Jet defrost can only be set in the first cooking stage.

AUTO MENUS

There are 9 auto menus you can use for easy cooking. To access the menus, turn the MENU/TIME dial anti clockwise. For guidelines, please see the auto menu chart below.

1. Place food in a container suited to the cooking process (see page 14) and put it into the oven.
2. Choose the auto cook menu you want by turning the MENU/TIME dial **anti clockwise**. For example, if you choose the auto menu for chicken, A-7 will be displayed.
3. Press the CLOCK/WEIGHT button to choose the weight.
4. Press the START/QUICK START button. The oven will now start to cook the food.
5. During auto cook programs 7 and 9, the oven will pause and sound bleeps. Turn the food over and press the START/QUICK START button to resume cooking.

AUTO MENU CHART

AUTO MENU	FOOD	WEIGHTS	RECOMMENDATION
1	Potatoes	1 - 200g 2 - 300g 3 - 400g	Cooks by microwave Prick the skins and place on a suitable plate. Turn the potatoes over halfway through the cooking time.
2	Coffee	1 - 200ml 2 - 400ml 3 - 600ml	Cooks by microwave Place the cup onto the centre of the turntable. When the liquid has been removed from the oven, leave to stand before adding sugar.
3	Popcorn	99g	Cooks by microwave Refer to packet for popcorn weight.
4	Reheat	200g - 800g	Cooks by microwave Straight from the refrigerator.
5	Pasta	100g 200g 300g	Cooks by microwave Place the pasta into a suitable container, cover with eight times the quantity of boiling water.
6	Pizza	150g 300g 450g	Cooks by a combination of microwave and convection Refer to packet for pizza weight.
7	Chicken	800g 1000g 1200g 1400g	Cooks by a combination of microwave and convection. Place the chicken onto the baking tray.
8	Cake	475g (1lb approx.)	Cooks by convection at 140°C Check recipe or packet for suitability of cooking temperature and cake weight.
9	Jet defrost		Defrosts using microwave Please refer to page 11.

HINTS

- Do not cook, reheat or defrost foods directly on the turntable, always put the food into a suitable microwave container.
- Do not cook foods such as meat from frozen, always defrost the foods first.
- Where appropriate, cover dishes with microwave safe cling film and pierce, this will retain the moisture and prevent splashing and spillages. Always loosen lids before putting into the oven.
- To distribute heat evenly, stir or shake foods halfway through cooking.

CHILD SAFETY LOCK

This function is to help prevent small children from using the microwave oven.

The CHILD LOCK indicator will show up on display screen, and the oven cannot be operated while the CHILD LOCK is set.

- To set the CHILD LOCK: Press and hold the STOP/CANCEL button for 3 seconds, a bleep sounds and lock indicator lights.
- To cancel the CHILD LOCK: Press and hold the STOP/CANCEL button for 3 seconds until lock indicator on display goes off.

Cleaning and care

Failure to maintain the oven in a clean condition, could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous condition. The oven should be cleaned regularly and any food deposits removed.

- Before you clean the microwave oven, turn it off and unplug it.
- Keep the inside of the oven clean. When food or liquids stick to the oven walls, wipe with a damp cloth. We recommend that you do not use harsh detergent or abrasives.
- On the right hand side wall of the cavity is the wave guide cover. Microwaves are passed through this cover to enable your food to cook. It is important that the wave guide cover is kept clean at all times. To do this wipe with mild detergent and water, then dry. Do not remove the waveguide cover on the inside wall of the cavity.
- You should clean the outside of the oven with a damp cloth and polish dry with a soft dry cloth. Do not allow water to seep into the ventilation openings.
- Wipe the door and window on both sides, the door seals and adjacent parts frequently with a damp cloth to remove any spills or splatters. Do not use an abrasive cleaner.
- Do not allow the control panel to become wet. Clean with a soft, damp cloth. Do not use detergents, abrasives or spray-on cleaners on the control panel.
- If steam builds up inside or around the outside of the oven door, wipe with a soft cloth. This may happen when the microwave oven is used in humid conditions.
- If the inside of the oven smells, put a cup of water with the juice and the skin of one lemon in a deep microwave bowl. Microwave it for three minutes, wipe the cavity walls thoroughly and then dry a soft cloth.
- Regularly clean the turntable support and oven floor. Simply wipe the bottom surface of the oven with mild detergents and water, and then dry. You can wash the turntable support in soapy water. Check that it is correctly fitted after cleaning.
- Regularly remove the glass tray to clean it, and wash in warm soapy water.
- The baking tray may be washed in warm soapy water. Do not use an abrasive cleaner. Not suitable for the dishwasher

Problem solving

The microwave oven may cause interference to your radio, TV or similar equipment. If it does, you can get rid of the interference by moving the radio, TV or equipment as far away from your microwave oven as possible.

If the oven doesn't work, if the display does not appear or if the display has disappeared

- Make sure the oven is plugged in securely. If it is not, remove the plug from the socket, wait 10 seconds and plug it in again securely.
- Check the premises for a blown circuit fuse or a tripped main circuit breaker. If these seem to be working properly, test the socket with another appliance.

If the microwave power will not work

- Make sure the door is securely closed. Otherwise, the microwave energy will not flow into the oven.

Overheat protection

- During cooking, when the temperature of the cavity reaches over 300°C, the display will show E-1 and bleep. Press the Stop/Cancel button to eliminate the problem, the oven will revert back to normal.

Important utensil information

When using the microwave mode

- Use only cookware that is approved to be used in a microwave oven.
- Do not use metal pans or dishes with metal handles.
- Do not use anything with a metal trim.
- Do not use paper covered wire twist-ties on plastic bags.
- Do not use melamine dishes as they contain a material, which will absorb microwave energy. This may cause the dishes to crack or burn, and will slow down the cooking speed.
- Do not cook using a container with a restricted opening, such as bottles, as they may explode.
- Do not heat baby bottles with the teat left on and remove the teat if replacing the bottle back into the oven.
- Only use thermometers that are approved for microwave ovens.
- Do not use the microwave oven for heating utensils.

When using the grill and convection modes

- Use only cookware that is approved to be used under a grill – e.g. metal and heat resistant glass and ceramic ware.
- Do not use paper or plastic cookware or film.

When using the combination modes (microwave / grill and microwave / convection)

- Use only cookware that is approved to be used for microwave AND grill use – e.g. heat resistant glass and ceramic ware.
- Do not use paper or plastic cookware or film.
- The baking tray supplied may be used with these modes

For Customer Service and
Spare Parts please call

0845 209 7461

Opening times:
Monday – Friday
9am until 5pm

Revision 1



This symbol is known as the 'Crossed-out wheelee bin Symbol'. When this symbol is marked on a product/batteries, it means that the product/batteries should not be disposed of with your general household waste. Only discard electrical/electronic/battery items in separate collection schemes, which cater for the recovery and recycling of materials contained within. Your co-operation is vital to make sure the success of these schemes and for the protection of the environment. For your nearest disposal facility, visit www.recycle-more.co.uk or ask in store for details.

We reserve the right due to possible changes to design to alter the instruction manual without prior notice.

For Customer Services & Spare Parts please call **0845 209 7461** Opening times: Monday – Friday 9am – 5pm